

# In A Nutshell

Official Newsletter  
of the Incipient Canton  
Gleann nam Feòrag Dubh

Youth Springs Eternal  
Spring Issue, April, AS XXXVIII  
Volume 1, No. 4



Enter

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## **Web Site**

**<http://www.pennib.net/feoragdubh/index.asp>**

## **Newsgroups**

**Canton discussion list:**

**<http://groups.yahoo.com/group/dubhfeorag/>**

**Canton announcements:**

**<http://groups.yahoo.com/group/dubhfeorag-announce/>**

## **Submissions**

**Submission guidelines:**

**<http://www.pennib.net/FeoragDubh/Nutshell.asp>**

**Or contact the Chronicler at:**

**[canton\\_chronicler@yahoo.com](mailto:canton_chronicler@yahoo.com)**

**Heard Around the Canton:** *"Jelly and jelly -- My sandwich will explooode!"*

This is *In a Nutshell*, a publication of the Incipient Canton of Gleann nam Feòrag Dubh of the Society of Creative Anachronism, Inc. (SCA, Inc). *In a Nutshell* is available from Kaly White, 201 West Chester Pike, #5, Ridley Park, PA 19078. It is not a corporate publication and does not delineate SCA Inc. policies. Gleann nam Feòrag Dubh is an Incipient Canton of the Barony of Bhakail, East Kingdom. This newsletter is environmentally friendly: no nuts were harmed for its distribution. It is primarily an electronic publication, available on the Web at **<http://www.pennib.net/feoragdubh/index.asp>**.

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## Canton Officers

### Seneschal

Lord Keegan MacNaughton  
mka Mike Porter  
[LordKMacNaughton@aol.com](mailto:LordKMacNaughton@aol.com)

### Exchequer

Fiona Villon  
mka Beth Barlett  
Home: (610) 892-3975  
Work: (610) 627-9622

### Chatelaine & Gold Key

Lady Eleanora the Tilemaker  
mka Ellen Leone  
114 Ferguson Avenue  
Broomall, PA 19008  
Home: (610) 356-9176  
Work: (610) 529-0763

### Deputy Chatelaine

Lady Suba al-Hadid Jamilia al-Bhakailia  
mka Penni Bachelor  
571 Mount Alverno Road  
Media, PA 19063  
Home: (610) 565-6661  
Cell: (610) 209-2101  
[jamilia@pennib.net](mailto:jamilia@pennib.net)

### Deputy Chatelaine

Magdalena

### Herald

Deiniol ap Gwrgwst  
mka Daniel W. Farrow, IV  
[dwfiv@dca.net](mailto:dwfiv@dca.net)

### Deputy Herald

William Fitzwater

### Web Mistress

Lady Jamilia al-Bhakailia  
mka Penni Bachelor  
571 Mount Alverno Road  
Media, PA 19063  
Home: (610) 565-6661  
Cell: (610) 209-2101  
[jamilia@pennib.net](mailto:jamilia@pennib.net)

### Chronicler

Lady Katrine Lyndesay  
mka Kaly White  
201 West Chester Pike, #5  
Ridley Park, PA 19078  
Home: (610) 362-0208  
[canton\\_chronicler@yahoo.com](mailto:canton_chronicler@yahoo.com)

### Mistress of the Arts and Sciences

Lady Melodie de l'ours blanc  
mka Gina Porter  
300 West Baltimore Avenue, 3rd Floor  
Media, PA 19063  
[LadyMelodieMOAS@aol.com](mailto:LadyMelodieMOAS@aol.com)

### Marshal of Fence

Lord Geoffrey Gryphon  
mka Jefferson Stephens  
201 West Chester Pike, #5  
Ridley Park, PA 19078  
Home: (610) 362-0208  
Work: (215) 365-4007, ext. 18  
[geoffreygryphon@yahoo.com](mailto:geoffreygryphon@yahoo.com)

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## Populace Missives

### From the Chronicler

Greetings and salutations! This issue of the *Nutshell* focuses on youth, with new artwork from Magdalena, daughter of Lady Eleanora the Tilemaker; an article on including youth in waterbearing activities, by Lady Danae of Athens; and an interview in this month's *Fireside Chatter* with Lady Suba al-Hadid, who is often involved with children's activities. Lady Danae has also contributed an article on heavy and rapier fighter hygiene practices -- suitable for the spring, when the lists re-open and the clash of blades and shields begins once again. To these I have added a sonnet celebrating the spirit of martial combat. To all contributing gentles, my thanks and then some.

A special note: Lady Sabine, Baronial Mistress of Arts and Sciences, is compiling a book of Bhakaili literary works. I'm excited about this project and hope to see some Canton talent there. Consider submitting stories, songs, poems, or prose (inquire about length) to Sabine at [arts@bhakail.eastkingdom.org](mailto:arts@bhakail.eastkingdom.org).

In service,  
Katrine Lyndesay

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## **Canton Meetings, Practices, and Workshops**

### **Canton Meetings**

**Canton Business Meetings** are held the second Monday of each month. The Canton welcomes members, friends, and visitors of any age to all meetings.

The next Canton meeting will take place at 7:30 pm, Monday, May 3rd, 2004, at the home of Lady Eleanora the Tilemaker:

**114 Ferguson Avenue  
Broomall, PA 19008  
(610) 356-9176**

#### **Directions:**

Take your best route to 476 (the blue route).

Exit at Route 3 and go West on Route 3.

Once you have cleared the 476/Route3 interchange, take the 3rd right turn (the 1st street after the 1st light) and turn right onto Ferguson Avenue. (If you pass a Pathmark, you went the wrong direction on Route 3.)

The house is after the first stop sign, 6th house on the left.

#### **Please bring:**

Snacks (veggies and dip, cheese and crackers, fruit, etc.)

Datebook and/or notepad

Garb not required

### **Canton Practices**

**Middle Eastern Dance Classes** are held from 7:30 to 9:30 pm, the third Friday of each month, at the home of Baroness Scheherazade Al-Zahira:

**3900 Ford Road. 5G**

**Philadelphia, PA 19131  
(215) 878-7721  
allouyna20@aol.com**

**Directions:**

**From Rt 95, take your best path to Rt 76W.  
Go to City Line Ave, which is a left hand exit.  
Go 4 lights and make a left on to Bellmonte, at the Mobile station.  
Take the very next left, Ford Rd.  
Go 3 blocks, 2 lights, and look for the high rise on the right.  
You can park in the parking lot on the right, just before the high  
rise, going thru the toll gate. There is no toll going in - take a token  
from the bowl on the way out. Scheherazade is in apartment 5G.  
You will need to tell the guard at the security desk you are there to  
see her.**

**Please bring:**

**Sash or coinbelt (loaners available)  
Garb not required; loose clothes or dance/exercise clothes  
recommended**

**Middle Eastern Drumming Classes are held at 7:30 pm, the second  
Friday each month, at the home of Lord Bilgisayar Tajir al-  
Hisoon:**

**69 East Old Baltimore Pike  
Media, PA 19063  
(610) 892-3975  
Bilgisayar50@yahoo.com**

**Directions:**

**Take best passage to Rt. 476 exit 3, the old exit 2.  
If traveling north on 476, turn left at the bottom of the ramp,  
toward Media on East Baltimore Pike.  
If traveling south on 476, turn right at the bottom of the ramp,  
toward Media on East Baltimore Pike.  
Once you get past all the lights at Exit 3, travel straight, all the way  
thru town.  
The 4th light, which will be Manchester Ave, is where Dunkin  
Donuts is.  
Do not turn here, instead keep going for another 1.7 miles.  
Once out of town, you will go down a long big hill, and up the other  
side.  
You will see a flashing yellow light. turn left at this light.**

**Go to the T, and turn right.**

**The house is about 100 yds futher on the right hand side, just past the yard flag with dog.**

**Please bring:**

**Drum (loaners available)**

**Paper/pen for notes**

**Garb not required**

**Fencing Practices will be held locally on Tuesday nights once we can establish an indoor site. For now, Canton fencers are encouraged to visit nearby practices. The Shire of Iron Bog holds practices on some Tuesday nights. For details, visit the Shire Web site at <http://www.ironbog.eastkingdom.org/> (look under Meetings). For practice on Thursday nights, 7:30-10:30 pm, visit the Bhakail Baronial practice in Northeast Philadelphia. Details on the Bhakail practice are available on the Tadcaster Militia Web site at [http://www.smidgeonink.com/tadcaster militia/](http://www.smidgeonink.com/tadcaster_militia/) (look under Directions).**

**For more information, contact the Canton Marshal of Fence:**

**Lord Geoffrey Gryphon**

**mka Jefferson Stephens**

**Home: (610) 362-0208**

**Work: (215) 365-4007, ext. 18 (ask for Jefferson)**

**[geoffreygryphon@yahoo.com](mailto:geoffreygryphon@yahoo.com)**

**Please bring:**

**List-legal armor and weaponry (loaner gear may be available -- contact the Canton Marshal of Fence)**

**Plenty of water to drink**

**Garb not required**

### **Canton and Other Workshops**

**Embroidery Guild Workshops take place from 7:30 to 9:30 pm, the fourth Wednesday of each month. Guild members come from all over the region to meet, share ideas and research, and work on group projects.**

**The location of this meeting varies by month, so contact the Head of the Embroidery Guild for directions and other information:  
Baroness Scheherazade Al-Zahira**

**(215) 878-7721**  
**[allouyna20@aol.com](mailto:allouyna20@aol.com)**

**Please bring:**  
**Sewing/embroidery projects, or other paraphenalia**  
**Garb not required**

**Garb Workshops are run by Master Rashid, master of garb and millinery, from 6:30 to 10:00 pm on Wednesdays at the home of Lady Eleanora the Tilemaker (address below). Children of all ages are welcome.**

**Workshops are scheduled on a weekly basis, so please contact Lady Eleanora at [tilemaker65@hotmail.com](mailto:tilemaker65@hotmail.com), or Master Rashid at [unclrashid@aol.com](mailto:unclrashid@aol.com), to confirm the date and project. Additional project information is available on the Canton Web site at <http://www.pennib.net/feoragdubh/GarbWorkshops.asp>.**

**114 Ferguson Avenue**  
**Broomall, PA 19008**  
**(610) 356-9176**

**Directions:**  
**Take your best route to 476 (the blue route).**  
**Exit at Route 3 and go West on Route 3.**  
**Once you have cleared the 476/Route3 interchange, take the 3rd right turn (the 1st street after the 1st light) and turn right onto Ferguson Avenue. (If you pass a Pathmark, you went the wrong direction on Route 3.)**  
**The house is after the first stop sign, 6th house on the left.**

**Please bring:**  
**Snack/beverage to share**  
**Fabric, trim, fasteners, etc., for that evening's project**  
**Sewing machine (optional)**  
**Paper/pen for notes**  
**Garb not required**

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## Event Announcements

### Athena's Thimble Collegium

Hosted by the Barony of Bhakail.

April 24, 2004

St. Marks

436 N. Oak Ave

Clifton Heights, PA 19063

Event Web site: <http://www.bhakail.eastkingdom.org>

Site Opens: 10 am Saturday

Site Closes: 6 pm Saturday

The days are slowly growing longer and the nights seem just a little shorter. Some folks are wondering what sewing and embroidery projects others have been working on during the past few months, and how nice it would be to talk to and share some food with old friends.

If you are one of those folks, please come and join the Barony of Bhakail, as it hosts the Athena's Thimble Collegium for an array of classes, stitching, and lively discussion.

There are several tracts of classes planned, including some on fiber arts and embroidery for costume. There will also be a panelling for ranking in Athena's Thimble. For those of you that have been hard at work creating new embroidery projects, there will also be an A&S display for embroidery. Beginners please feel free to display, we would love to see your work!

Anyone interested in teaching, or who has special requests for a particular class, please contact Mistress Gabrielle at [Allison263@aol.com](mailto:Allison263@aol.com)

Throughout the day there will also be a silent auction for the support of Athena's Thimble activities. Lady Cellach will be organizing that part of the event. and anyone

wanting to make a donation to it should contact her at [LadyCellach@aol.com](mailto:LadyCellach@aol.com).

Bhakail has long been known for having good food at its events, and this event will be no different. Master Rashid will be presenting a sumptuous Day Board for all to enjoy.

As the tracts for classes and the menu become established, information will be posted on the Bhakail web site. Please check it occasionally, and even more often as the date gets closer for details and updates. The site will also have a list of hotels and restaurants that are close to the site for those traveling any great distance.

Site notes: This is a dry site. The event will be on 2 floors. The lower one, where the merchants and day board will be, is not handicapped accessible. Arrangements will be made for the day board to be available on both floors.

### **Blue Moon**

Hosted by the Barony of Bright Hills, Kingdom of Atlantia  
Saturday, April 24th, 2004  
Milton A. Reckord Armory  
37 N. Main Street  
Bel Air, MD 21014  
Phone: 410-879-7667

Site Opens: 12 pm Saturday  
Site Closes: 8 pm Saturday

As the last days of Winter Struggle to hang on, Their Excellencies have declared a Festival to herald the awakening of Spring. As tradition, Blue Moon is being held as a day-long Puntathalon - a No-Holds-Barred day of bawdy songs and stories, dazzling costumes, culinary delights and spectacular verbal intercourse. The festivities include 6 contests, with 10 categories, plus several non-competitive activities for those who don't enjoy public display.

Please Note - Due to the nature of the event, parents should consider whether the event is appropriate for their underage children.

The competitions are as follows:

Contest 1 - Immodest Bodice Contest, with 2 categories - Immodest Bodice Goddess, and Golden Globes Award.

Contest 2 - The Gentlemen's Codpiece Competition. with 1

**category - Most Spectacular Codpiece.**

**Contest 3 - The "Come as your Favorite Pun" Contest, with 2 categories - Historical, and Non-Historical.**

**Contest 4 - The Bawdic Circle, with 1 category - Best bawdy song, story or poem.**

**Contest 5 - Period Food Puns, with 3 categories - Best Pun, Best Visual Display, and Best Presentation.**

**Contest 6 - Last Pun Standing - 1 category - a grueling Puntathon, where it doesn't stop until there's only 1 person left punning!**

**Prizes will be awarded during court for all categories. Contestants may enter as many contests as they wish, but may only have 1 entry per category.**

**Sign up sheets will be available next to Troll.**

**Feast Information:**

**There will be no Feast. The event is a Pot Luck, with a side board of soups, breads and hot beverages available for a small fee.**

**Cost:**

**Adult, Member \$10.00**

**Adults, Non-Member \$13.00**

**Children 6-12 \$6.00**

**Children, 5 and Under Free**

**Make checks payable to Barony of Bright Hills, SCA, Inc.**

**Please include mundane names of all in your party.**

**Site Restrictions:**

**The site is wet: No original containers.**

**No pets please.**

**Directions:**

**Take I-95 to exit 77b, MD-24 toward Bel Air (about 17 miles north of Baltimore); Get into the far right lane, and turn right at first light onto MD-924. Follow for approximately 5-1/2 miles. You will be in the town of Bel Air.**

**Approximately 1/4 mile after you enter town, the Armory will appear on the right side (looks like a big white castle). Parking is at the school board just before the armory (around back) or at the school on the other side (entrance on Lee St).**

**Merchandising Information:**

**Merchants are welcome - please contact the Autocrat at**

**reyne\_telarius@hotmail.com for more information and table space.**

**Autocrat: (For more information):  
Reyne Telarius (Robyn Becker),  
472 Winterberry Dr.  
Edgewood MD, 21040.  
Phone Number (410) 955-0352  
E-mail: reyne\_telarius@hotmail.com.  
No calls after 10pm.**

### **Beltaine Brew and Brawl**

**Hosted by the Incipient Canton of Gleann nam Feòrag Dubh.**

**April 30-May 2, 2004**

**Arasapha Farm**

**1835 North Middletown Road**

**Gradyville, PA 19039**

**610-459-0647**

**Event Web site:**

**<http://www.pennib.net/feoragdubh/Beltaine.asp>**

**Site Opens: 5 pm Friday**

**Site Closes: 3 pm Sunday**

**Light the Beltaine fires and let them burn all the weekend long. Come join the new Canton in the Barony of Bhakail as we celebrate our first event, and there's even camping.**

**There will be many activities from A&S classes, in at least 4 different tracks, including a Brewers University! Marshalled activities and tournies (heavy, fencing, archery and thrown weapons). A bonfire will be lit Friday evening and burn through Saturday. A brewing competition will be held Saturday and a lottery will be held to win a chance to be a guest judge.**

**A Baronial court for their Excellences Lorcan Dracontius and Scheherazade al-Zahira will be held during feast, which will be prepared by Lord Bilgisayar Tajir al-Hisoon and his lovely wife, Fiona. Dayboard will also be offered on Saturday. A tavern will be open on site in the evenings, please bring a photo ID, anyone under 21 will not be allowed in the tavern.**

**Merchants are welcome and space is almost unlimited, please contact the Merchant-o-crat. All merchants are asked to sell their wares in the merchant area only.**

**Ample camping space is available. Group camping is readily available and encouraged (think mini-Pennsic). Fire pits will be allowed in camps, but must be attended at all times. Please bring fire extinguishers if you plan to have a fire in your encampment.**

**Water is available on site for solar shower bags.**

**Traditional Beltaine festivals were held in sheep pastures; so is this one (consider this a warning!).**

**Rules:**

- 1. Pets are welcome and must be leashed at all times.**
- 2. Parents will be asked to donate time to the children's activities; children under 6 must be accompanied by a parent at all times.**
- 3. Cars are only allowed to unload in the camping or merchant areas; please unload and move your vehicle to the parking lot.**
- 4. The tavern will be open to those 21 and older, please have a photo id.**
- 5. Fire pits must be supervised at all times, if you are the last awake or the last to leave in your camp, please extinguish the fire.**
- 6. Do not throw anything into the bonfire!**
- 7. Do not throw anything into the pond, including yourself.**
- 8. Please do not feed the animals.**
- 9. Bartenders reserve the right not to serve anyone whom they feel is too intoxicated.**
- 10. Please respect the boundaries of the marshalled areas.**
- 11. Any problems or questions should be addressed with the autocrat or her deputies.**

**Directions:**

**From Philadelphia (and points North)**

**Take I-95 south to Rt 476 north (Plymouth Meeting) Get off at exit 5, Rt 1. Cross over and make a left onto Rt 1 south. Follow signs to Rt 352 north (Penn State Campus) We are 5 miles on right.**

**From Delaware (and points South)**

**Take Rt 202 north. Cross Rt 1 then make a right onto Rt 926 east. Go about 4 miles and make a right onto Rt 352 south. We are 1/2 mile on left.**

**From LANCASTER/HARRISBURG area**

**Take the PA turnpike east to exit 23. (West Chester/Exton)**

Take Rt 100 south. Rt 100 turns into Rt 202 south. Get off at the Rt 3 exit and stay right, onto Rt 3 east. Go 5 miles and turn right onto Rt 352 south. We are 2 1/2 miles on the left.

**From New Jersey (and points East)**

From ALLENTOWN and NORTH, take Rt 476 south to exit 5. Take Rt 1 south to Rt 352 north. We are 5 miles on right.

From SOUTH JERSEY, take Rt 322 west to the Commodore Barry bridge. Take I-95 north to Rt 476 north. Take Rt 476 north to exit 5. Take Rt 1 south to Rt 352 north. We are 5 miles on right.

**Site fees:**

Pre Reg: \$15 - Adult, \$8 children 2-12, under 2 free.

Saturday only (pre-reg): \$12 per adult, \$6 Children 2-12, under 2 free

At the Door: \$18 - Adult, \$10 - Children 2-12, under 2 free at the door. Saturday only: \$15 per adult at the door, \$8 per child 2-12 at the door, under 2 is free.

Site fee includes a dayboard on Saturday. A \$3 surcharge will be added for non-members. Please include a copy of membership cards with registration.

Cancelations and/or requests for refunds must be received by the Reservation Clerk no later than Tuesday April 27, 2004 at midnight. After that date/time no refunds will be offered.

The only reservation is a PAID reservation. We will not hold reservations without money.

Merchants are asked to make a donation to the canton in lieu of merchant fees.

Feast: Feast Saturday night - \$8 Feast is available by Pre-registration only. There will be no feast space available at the door.

**Send Reservations to:**

**Damiana Almodóvar**

(mka) Joy Rogers Gómez-Farrow

18 West Felton Ave.

Ridley Park, PA 19078

Home: (610) 521-6701 (not after 10 pm)

Work fax: (215) 898-0488 (use mundane name)

**gomezfaj@pobox.upenn.edu**

**Again, the only reservation is a paid reservation.**

**Make Checks Payable to: SCA Inc. - Barony of Bhakail**

**Contact Information:**

**Autocrat:**

**Lady Melodie de l'ours blanc**

**(mka Gina Porter)**

**300 West Baltimore Ave, 3rd Floor**

**Media, PA 19063**

**(484) 444-0780 (no calls after 10pm, please)**

**LadyMelodieMOAS@aol.com**

**Drop-Dead Deputy Autocrat:**

**Sayidata (Lady) Suba al-Hadid Jamilya al-Bhakailia**

**(mka Penni Bachelor)**

**571 Mount Alverno Road**

**Media, PA 19063**

**610-565-6661 (until 9pm)**

**610-209-2101 (cell 9am-9pm)**

**jamilya@pennib.net**

**Merchant-crat:**

**William Fitzwater**

**(mka William Iserman)**

**P.O.Box 313,**

**Drexel Hill, PA 19026**

**mercocrat@dvol.com**

**Other Contact Information:**

**Reservations and Troll: Damiana Almodóvar**

**(gomezfaj@pobox.upenn.edu)**

**Feast and Dayboard: Sayid (Lord) Bilgisayar Tajir al Hisoon**

**(Bilgisayar50@yahoo.com) and Fiona Villon**

**(beth39752002@yahoo.com)**

**Sunday EK Travel Fund Benefit Breakfast: Triona MacCasky**

**(triona@dandy.net)**

**Archery: Cynon (cynon83@yahoo.com) and Corwyn**

**(thistletwistsquareknot@worldnet.att.net)**

**Brewing Coordinator: Lord William Graham**

**(loncrow72@hotmail.com)**

**Children's Activities: Sayidata (Lady) Suba al-Hadid Jamilya**

**al-Bhakailia (jamilya@pennib.net) and Lady Elenora the**

**Tilemaker (tilemaker65@hotmail.com)**

**EK Pennsic Fund Benefit Auction: Lord Adolphus Xavier**

**Benner ([AdolphusXB1200@aol.com](mailto:AdolphusXB1200@aol.com))**  
**Fencing: Lord Geoffrey Gryphon**  
**([geoffreygryphon@yahoo.com](mailto:geoffreygryphon@yahoo.com)) and Lady Katrine Lyndesay**  
**([canton\\_chronicler@yahoo.com](mailto:canton_chronicler@yahoo.com))**  
**Fencing MOL: Triona MacCasky ([triona@dandy.net](mailto:triona@dandy.net))**  
**Fire Marshal: Omie**  
**Heavy Weapons: Eirikr Thorinsson ([eiriksca@aol.com](mailto:eirikrsca@aol.com)) and**  
**Sir Magnus**  
**Heavy Weapons MOL: Lady Magdalena Winter**  
**([nwinter@comcast.net](mailto:nwinter@comcast.net))**  
**Herald's Point Deiniol ap Gwrgwst ([dwfiv@dca.net](mailto:dwfiv@dca.net))**  
**Land Assistance: Lord Adolphus Xavier Benner**  
**([AdolphusXB1200@aol.com](mailto:AdolphusXB1200@aol.com))**  
**Newcomers Assistance: Lady Philadelphia Brown**  
**([BinsteaJ@pobox.upenn.edu](mailto:BinsteaJ@pobox.upenn.edu))**  
**Tavern: Lord Keegan MacNaughton**  
**([LordKMacNaughton@aol.com](mailto:LordKMacNaughton@aol.com))**  
**Textiles Classes: Lady Cellach ingen Chernaig**  
**([LadyCellach@aol.com](mailto:LadyCellach@aol.com))**  
**Thrown Weapons: Lord Calogero Urso**  
**([DaddyUrso@aol.com](mailto:DaddyUrso@aol.com)) and**  
**Lord Christopher Jameson ([cbogs@pobox.upenn.edu](mailto:cbogs@pobox.upenn.edu))**  
**Waterbearing: Lady Rhieinwylydd verch Gwasdewi Goch**  
**([RKellander@jjsnack.com](mailto:RKellander@jjsnack.com))**  
**Website: Sayidata (Lady) Suba al-Hadid Jamilia al-Bhakailia**  
**([Jamilia@pennib.net](mailto:Jamilia@pennib.net))**  
**Woad Warriors: Lord Olrik Van Lubbeke**  
**([Olrik@steelyard.org](mailto:Olrik@steelyard.org))**

### **Garb Wars (Siege of Orleans)**

**Hosted by the Barony of Bright Hills, Kingdom of Atlantia**  
**May 14th-16th, 2004**  
**Rocks 4-H Camp**  
**8 Cherry Hill Rd.**  
**Street, MD 21154**

**Site Opens: 6 pm Friday**  
**Site Closes: 12 pm Sunday**

**In May of 1429, Joan of Arc came to the city of Orleans to defeat the English and raise that city's siege. Today, the Baron and Baroness of Bright Hills welcome all to declare themselves for Charles or Henry and to join that great conflict with needle and thread, rattan and blade, bow and arrow. All are encouraged to don early 15th century garb, as a prize is offered for best in garb of that period.**

**Website:**

**Martial Activities: Heavy-** Two teams will vie for the best time in taking the turrell (fort), each alternating on attack and defense. Combat archers will be on the defensive side.

**Rapier-** A debate in a tavern soon turns into a brawl and the watch must be summoned.

**Archery-** a range and suitable target competitions will be offered.

**Arts & Sciences Activities:** Three categories of competition are offered-

**Garb War-Teams** have a 24 hr period (6PM Fri-6PM Sat) to complete a garment or ensemble on site. No preparation, marking, cutting, etc of material prior to 6PM Friday (except washing and drying to size material).

**Embroidery-** Solo entrants have a 24 hr period (6PM Fri-6PM Sat) to enhance a garment or piece on site. (No layout or pouncing of design prior to 6PM Friday).

For both, documentation is a plus, not required. All materials must be inspected prior to start of competition.

**Novice-** A display of previously constructed garb. Entrants restricted to 2 years experience or less (SCA or mundanely) in the medium entered (cloth, leather, etc). Documentation is not required.

For team or solo registration and full set of rules, please contact Lady Roana de Laci at [ladyro@comcast.net](mailto:ladyro@comcast.net).

**Cost:**

**Cost: Adult, Member:** \$9.00 Day-Trip, \$8/\$6 Feast, \$0.00 Camping

**Adult, Non-Member:** \$12.00 Day-Trip, \$8/\$6 Feast, \$0.00 Camping

**Child (6-17):** \$4.00 Day-Trip, \$4/\$3 Feast, \$0.00 Camping

**Child (0-5):** \$0.00 Day-Trip, \$0.00 Feast, \$0.00 Camping

**Cost Notes:** For adult members, the daytrip cost is \$9, minor (age 6-17) is \$4. Children 5 and under are guests of the Barony.

Non-members, please add \$3 to these costs.

Feast above the salt is \$8, below is \$6.

A siege fare lunch is included with the daytrip cost.

Make checks payable to Barony of Bright Hills, SCA, Inc.

Please include mundane names of all in your party and if you will be feasting above or below the salt.

Camping and dorm space are free (dorms are on a first come basis- sorry, no reservations for dorm space). Please bring your own bedding. Cancellation policy- notice of cancellation must be received before May 12th to obtain a

refund.

**Site Restrictions:**

No pets allowed (assist animals excepted). No smoking in public access areas. Alcohol is permitted, but empty containers must leave with you.

**Feast Information:** An above and below the salt feast will be prepared by the renowned Bright Hills Cooks Guild. They are also providing a light lunch of siege fare during the day. A traveller's fare dinner will be available on Friday evening as well as breakfast on Saturday and Sunday morning at a modest cost for each of these meals.

For dietary concerns, please contact Master Chirhart Blackstar at [chirhart\\_1@netzero.net](mailto:chirhart_1@netzero.net) or Hans van Horn at [pieler1@hotmail.com](mailto:pieler1@hotmail.com).

**Merchanting Information:** All merchants are welcome to come and display their wares at no additional cost. Please contact the autocrat before the event date.

**Other Information:** Children's Activities are planned for the day. For info or to assist, please contact Baroness Barbara Giumaria di Roberto at [bjokriner@yahoo.com](mailto:bjokriner@yahoo.com).

**Autocrats Information:** Stephen Bridewell (Stephen Cavano), 2730 St Paul St Baltimore MD, 21218. Phone Number (410) 235-3590, E-mail: [stephenbridewell@yahoo.com](mailto:stephenbridewell@yahoo.com).

**Reservations:** Lady Rae O'Rothlain (Rachel Rowley), 4609 Warren Tree Lane, Baltimore MD, 21229 Phone Number (410) 737-0303, E-mail: [rachel\\_rowley@verizon.net](mailto:rachel_rowley@verizon.net)

**Directions:** Take your best route to I-95 north of Baltimore. Take I-95 to exit #77. Exit west on Rte 24 (towards Belair/Forest Hills) for approx 14-15 miles (note 5 miles from I-95, you will merge Rte 24 and Rte 1 North- continue on Rte 1 North) Take the exit for Rte 24N (Forest Hills /Rocks- note- NOT 924 North) through Street, Md to Rocks State Park (approx 7 miles). Turn right on Cherry Hill Rd and follow sign to the 4-H camp (note- a single lane bridge is immediately after turn onto Cherry Hill Rd).

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## **Waterbearing for the Youths**

**(Or *How to Herd Cats*)  
Ages 8-17**

**by Lady Danae of Athens,  
East Kingdom Waterbearers Guild  
(included in the East Kingdom Waterbearer's Handbook)**

**Waterbearing is a wonderful way to get the kids involved in the SCA. It gets them close to the field where they can watch the fighters and maybe get some pointers.**

**One adult, not the Waterbearer-in-Charge, should be in charge of the kids. This person should be an official Waterbearer, knowing the rules of the list and the people in charge. They should also be actively waterbearing along with the kids. This gives the kids a little more respect for the adults if they are working alongside of them.**

**Depending on the Marshals' ruling, it may be that no one under the age of 18 can go on to an active list, even during holds. Check with your Marshals first before bringing to kids on the field to avoid disappointment.**

**If they are not allowed on the field, they can still work the perimeters and water the spectators and the MOL's at the table. If they are allowed on the fields, they must listen to the adults and watch for the MARSHALS to call Waterbearers in. No one else can do this. They should take their cues from the adult in charge of them.**

**If the kids are ages 12-17, you can pair them up into groups. To save time and energy, divide up along the perimeters of the field or at the corners. That way, they can cover more ground and be watched at the same time.**

**Kids 8-12 should really stay with an adult on a one-to-one basis so that safety is assured. ALL the kids should have their parents sign**

**waterbearing waivers, showing that they have taken classes and have permission to water on the field.**

**Adults in charge of the kids MUST make sure that the kids are watering themselves. A lot of kids forget to drink and can get a lot of heat-related problems. The adults in charge need to make sure the kids are drinking and that they don't have signs of dehydration. The adult needs to know what these signs are. Make sure that they are sweating and they are going to the bathroom frequently. They need to be given frequent breaks and I would suggest only having them on the field at two-hour shifts.**

**Keep the kids as dry as possible, especially their feet. Molds and Athletes Feet (Foot) can run rampant if left unchecked. They (and you) must wear closed-toe shoes out on the field.**

**They can still water the spectators, MOL's, and the Royals that are not on the field. Remember, these are the next generation of the SCA and we, as the adults, would like to advance them along in a positive light.**

**This can be part of their local Youth Program. Stewardship is very important in this program and this also gets them close to the action. They can pick up pointers from the fighters on how their armor was built, about fighting stances, and actually see combat.**

**In Service,  
Lady Danae of Athens  
Head of the East Kingdom Waterbearers Guild  
Deputy Youth Chirurgeon  
Preceptor to the East Kingdom**

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Gypsy  
by Magdalena



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## On Many Fields a King

by Katrine Lyndesay

Back in January the midnight muse woke me, insisting that I write a sonnet about the spirit of martial combat. The muse wrote the sonnet, and the spirit of combat comes in the figure of a King -- so perhaps it even tells something of the spirit of this Coronation month.

### On Many Fields a King

On many fields the dust will drift, where swords lay on  
And dwindle to a single man and blade;  
There watchful ladies say unto their lords:  
"By grace, on many fields a King is made."

If he stands last, he is of fiery kind,  
Who sleeping rests with honor said and done;  
And waking kindles memories to find  
His glory in the hearts of companions.

If he first falls, so is the barley hewn  
To grow a taller tale, where tales are loved;  
And so may darkest night increase a moon,  
Or sun diminish lesser stars above.

Wherever gentle memories are moored,  
They tell of him, the East's appointed sword.

An after-note: I use the word "kind" -- in "he is of fiery kind" -- in the sense that Edmund Spenser used it in his *Amoretti Sonnet XXX*, to mean "nature".

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## **What's in Your Bag?**

**by Lady Danae of Athens**

**With Spring starting in a few weeks, some people might want to check into the fighter/fencer bag and see what REALLY is in there. And what is on the bag and on your equipment.**

**Take a look at your armor. Do you remember what color it was when your first made it? If it was blue or black plastic, is it still that color, or is its green speckled with green and white? Check in between the articulation. Any color changes could be molds, spores or fungi that can give you rashes, respiratory infections or other problems.**

**If you have leather or leather/cloth, when was the last time you cleaned and oiled the leather? Is it green or the wrong color brown? Again, this could be molds or fungi. Even if you don't see it, there could be something.**

**Take a whiff. Even if you don't see it, molds and spores give off an odor when they eat and multiply. Think of it this way. Yeasts are molds and when they are fermenting, they smell and give off gas. That is what can be on your armor. Molds need damp, dark places to live and grow, and what could be damper than a dark bag that has sweaty clothes that have been rumped and tucked in that bag. Mold can get into your bag just by lying on the field or in your car.**

**If you have stainless steel or any rivets on your armor, check and see what they look like. Are they rusted or do they move freely? Rust, even in minute forms, can get into the blood stream through open cuts, through breathing in, or even in your eyes. That can cause blood-born infections that can lead to even further problems.**

**Take a look at your gambison. Or better yet, take a smell. How many colors should be as opposed to how many colors are there really. Does it smell like a REALLY wet dog? If there are laces and rivets, are there color changes there? Check the stitching to see if there are separations or color changes there.**

**Now, check the bag itself. Whether it is canvas, nylon or cloth. if**

**still could be harboring a lot of different types of organisms.**

**Most of what can be done is very simple. Clean up. Hot soap and water. Detergent with bleach. Sunlight. All these take away all three of the factors that grow microorganisms. If you don't like to wash your armor and your gambison, lay it out in the sunlight. The best is with a hanger or over a rail. Just so air and sunlight will get to most areas. If you have rust, a non-soapy scrub pad works well. Don't wet it. It works best dry.**

**Just taking the time to inspect things may save you an unwanted trip to the doctor in the future.**

**In Service,  
Lady Danae of Athens**

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## **Fireside Chatter:** *Active With Youth Activities*

Spring is here, and the fire in the hearth is now good for warding off the damp of the rain. Joining me for this month's chat by the fire is Sayyidata (Lady) Suba al-Hadid, also known as Jamilia al-Bhakailiya, Web Mistress of the Canton.

This Spring Issue focuses on children. Suba is seldom far from children at an event -- not only because she is a mother of three, but because she often runs or helps run the children's activities.

*Thanks for joining me, Suba. To return to your beginnings... How and when did you first become involved in the Society?*

I first heard about the SCA from a TV news story or TV documentary when I was in middle school. I've always been fascinated with fairytales and princesses and castles and stuff, played Dungeons and Dragons, and dressed up in funny clothes. My Mom took us to the PA Renn Faire when it first started, and I wanted to do that as much as possible. So when a friend in college told me he was going to dance practice and explained the SCA, I finally found the organization I'd been looking for ever since that TV show.

I went to a dance practice with a friend back in January 1988, and I was hooked. Dance practice back then was half-practice, half-social, and being on the UPenn campus it drew a lot of students. I was a college student then too, and I loved the social aspect as much as the dancing. I think there were about 30 people at every dance practice. We used to all go out to a bar afterwards too - really really social.

*What was your first event? Tell me your memories and impressions of it.*

I think the first event I attended was the Baronial investiture of

**Arnulf and Laurel. I borrowed garb from Gold Key and remember being completely entranced by everybody else's garb. I spent the summer after that researching garb in various college libraries.**

**I vividly remember the first event I \*ran\*. When I was still a student there I hosted a demo on the Beaver College Campus (now Arcadia University) on the lawn beside the castle. The tourney prize was a silver bowl with the Beaver College castle on it. We didn't recruit too many people but we sure had fun.**

***Who is your persona? What did she do for her livelihood?***

**My persona is the daughter of a minor French noble from sometime in the 1300's, which of course means she didn't really have a livelihood but enjoyed the womanly arts of sewing and embroidery. She later followed a horse trader to the middle east, joined his harem, and took up dancing. Since her French name (Jeannette) was too hard for the locals to pronounce, she took a new name, Jamilia, and was later given the name Suba al-Hadid, which means "Finger of Iron" for her skill at needlework, her skill at massage, and her habit of carrying a knife.**

***What period skills are you learning, practicing, or teaching?***

**I've been learning Middle Eastern drumming and dancing in the last 2-3 years. I've taught a few people basic garb construction and I make a lot of garb myself when I have time. I'm dabbling in learning Arabic so I can embroider in it.**

***What period skill would you like to learn, if only you had more time?***

**I'd really like to learn fencing; I sure wish I had time for that.**

***You put in a lot of time for youth activities at local events. What does a sample day of activities look like?***

**I started with just embroidery for kids: Give them a pre-made favor with a design on it, give them a threaded needle, and watch them go. At Yule we had embroidery, singing, board games, ring-around-the-rosy, and marzipan sculpting. The marzipan was a big hit. The boys had brought some small toy catapults and they had a great time with their mock battles, so I think I'm going to include more stuff like that in the future. I have tons more ideas for kids' activities, so I'm hoping to introduce new stuff to each event. The kids we most have to occurv are the ones who are large enough to**

be mobile but too small to keep themselves occupied on their own -  
- pretty much the preschool and kindergarten set.

*You're also the Canton Web Mistress. How did you first become interested in that service?*

Actually, while I was between jobs I was free-lancing as a Web-page designer, so when the Canton got started I put a subpage on my own Web site with the explanations of why we were forming a Canton and what zip codes and who we were and so on. The Canton's Web site gradually grew from there as we put up devices we were choosing between, and we started having practices and classes to announce. I was pretty pleased when the EK Webminister made ours an officially-recognized Web site and offered us official space on the EK Webserver.

*What do you enjoy most about your work for the Canton?*

I think I enjoy most having a reason to get out of my house and go see my friends. I really liked it when we had the Canton meetings at my house, because then all my friends came to see me. I've met a lot of new friends because of being involved in the Canton. Because of being Webminister I've gotten involved with a lot more than I expected, just because if I don't know what's going on I can't put it on the Web page. Also I have an excuse now to be nosy and to talk to lots of people about all the fun things that are happening.

*What challenges you the most?*

I'm enjoying the challenge of helping to organize our upcoming Beltaine event. This is a great group of people and we've tackled something pretty large. A lot of people are rising to the challenge, which is really neat to see and to be a part of.

*What is your personal heraldic device?*

I'm in the process of changing my device. What I first submitted I had to change quite a bit in order to get it passed. I later came up with something I liked better, now that I knew more about heraldry, and the device that Deiniol is submitting for me now is: "Argent, Seme-de-Lys Azure, with a chief embattled Sable". But this is for my mock-French heritage.

For my new name (Suba al-Hadid) I'm planning on just writing my name in Arabic in silver on a roval blue banner. which

apparently is what the prophet Mohammed did.

*What draws you to this design?*

I happen to like Fleur-de-lys, they typically represent the French, and I really like battlements because I've always had a fascination with castles. I was inspired actually by a door in Valley Forge park, which is light blue with little black iron fleur-de-lys studded all over it. At an event later I saw a lady wearing a parti-colored cotehardie (the fashion for my time period) with blue fleur-de-lys scattered all over the white side and plain blue on the the other side. I thought it was very striking.

*What do you enjoy most, or what continually surprises you, about play in the Society?*

The answer to both is the same: the dedication and talent of the people who volunteer to run and teach things. If you're just showing up at events and hanging out (which we did when we first started showing up with kids), then you get a very different picture of the Society than when you volunteer to help. When you volunteer to help, you routinely meet the most amazing people who do the most amazing things and who have the most amazing talents, all of which they're willing and eager to teach.

*Tell me of a recent fun memory...*

I really enjoyed the al-Hafla held in Eisenthal in January. (shameless plug) We're hoping to hold the al-Hafla here in Bhakail next January (/shameless plug). Towards the end of the feast, one of the male dancers, Valizan, started spontaneously composing a dance and a song he calls "22 Dancers in 22 Minutes" in which he imitates signature moves of well-known SCAdian Middle Eastern dancers. It was pretty funny because he really did capture the other dancers. I hope he's added to it by next year. There's so many talented people in the SCA that the spontaneous stuff is often the most impressive because you can tell it's straight from their talent and from the sheer quantity of knowledge the SCAdians acquire.

*Do you have a hero from the history of our period?*

I have to admit I was pretty impressed with Eleanor of Aquitaine. She married two kings and two of her sons became kings. By all accounts she was a very domineering lady, in a period where the Catholic Church wasn't even sure if women had souls. much less if

they could divorce and get re-married.

*Tell me of a project you're engaged in. What's foremost on your mind that you wish to learn, make, or improve?*

My latest projects have been embroidering Tiraz bands, because I can do it over my lunch hour at work while I'm being sociable with people (the people at work have been most intrigued, and as a result I'm learning Chinese and several Indian dialects over lunch as well). The idea is to write some phrase in Arabic and put the embroidered result on the sleeves of a shirt or coat. I've been meaning to contact the person who taught at Pennsic about Tiraz bands so I can learn more about them to make mine more period, and maybe make a documentable set to enter in an A&S display or competition. At the next al-Hafla I'm planning to teach kids to embroider their own Tiraz bands with their own names on them.

*If we were to return to the Middle Ages or Renaissance as we are, given your present skills, what would you pursue as a vocation?*

I'd probably sew for other people, but I think I'd be best off pursuing the very popular vocation of marrying well and managing a manor or a castle. Wouldn't that be nice? Maybe I'd be a steward, though that was rarely done by women who were not married to the lord of the manor.

*What are your children's names? Are there any period skills you could imagine them pursuing as adults, based on their personalities now?*

The kids are Emma the Clever, Serena the Quiet, and Quintus. Emma is very gregarious and makes friends easily, and is invariably good at anything she decides to learn. She would make a good teacher and possibly a good manager. Serena is very very creative with her hands and will pursue something artistic. Quintus is very affectionate and also very courageous -- I think he'd make a good knight and carry on the romantic chivalry.